

## Community Women Against Hardship

3963 West Belle Pl  
St. Louis, MO 63108  
(314) 289-7523  
[www.cwah.org](http://www.cwah.org)

October 2020



## FINE ARTS

**Byron Rodgers**, founder of BAGGS shares the healing power of art with students. Helps them to understand how it can be beautiful and empowering when they express themselves through it. Students created mask, sculptures and paintings about everyday life in St. Louis.



## CWAH YOUTH SUMMER ENRICHMENT 2020

## WHAT ABOUT ME

**Michelle Worthy** helped students face their deepest fears in a safe place. They identified disappointments and hurts which have caused them to become emotionally stagnant, but they also began the healing process that will allow them to prayerfully move forward and grow. The fear of death is traumatizing our children and their development is at stake. We must find a way to meet the needs of our most vulnerable. **URGENT!!!**



## TAI CHI

**Sifu Herb Parran** has taught in the St. Louis area for 20 years. He has studied Hun Yuan Chen Taiji since 1990 under the direction of Sifu Justin Meehan, also has studied with his Master Zhang Xue Xin and his Grandmaster Feng Zhiqiang and other Taiji Masters. Having studied both Chen & Yang style he now focuses on healing and stress reduction and wellness. Sifu Herb was inducted into International Chinese Martial Arts Championship Hall of Fame.





# VIRTUAL

# LEARNING



**Makayla Williams,**  
**Harris Stowe State University**



I am currently a junior, studying Biology with a focus on Occupational Therapy. Community Women Against Hardship was a great experience. I loved the summer programs where I learned many new things; how to make jewelry, African music, Zumba, and cooking classes. I have so many fond memories that I utilize today.

I made lifelong friends that I still keep in contact with, and we still talk about the fun we had at CWAH. We learned how giving back to the community is so essential and helping people can go a long way. There are so many people out there in need, makes me realize how thankful I am for everything CWAH exposed me to. We traveled to cities I never thought of, and learned so much about our history, I enjoyed them so much.

Covid-19 has had a slight impact on me as far as school goes, I am in my third year of undergrad, and never would have thought I would be taking **all** online classes. I was always visual/ in person learner. I have managed to adjust to new ways of doing things. Im still learning, its hard, but I'm getting the hang of it.

I plan to change the world after I graduate with my master's in Occupational Therapy. By giving back to my community, I want to start a mentor program for black first generation students. My goal is to help them not feel alone in the process. I want to teach them the importance of interacting with different people, and how to reach out to the right individuals that will help them with what they need. This is crucial, I know the struggle I had my first two years of college. I cannot wait to make that change for those that come after me.



**Norman Boyce,**  
**Southeast Missouri State University**



Community Women Against Hardship has helped to shape me into the intelligent and strong-willed individual that I am today through their classes, volunteer work, and educational excursions. The community center has helped my family tremendously by donating resources and time to ensure that we were able to live comfortably. CWAH has hosted financial literacy courses that have helped me to better understand how to manage my income and different financial routes that are available when I am ready for a mortgage and building credit. These courses have truly benefited me, because in about one year I will be a college graduate, and the lessons learned will help to navigate me through adulthood. I have already put the knowledge to use, building my credit to decrease the difficulty of getting an apartment, credit cards, or loans.

Covid-19 has affected me mentally and emotionally. While in college, some of our courses are only offered online and this style of learning is more difficult. Personally, I am a hands-on learner, and appreciate the old-fashioned style of learning in a classroom. Since the pandemic, the assignments have become more extensive causing students to spend more time studying, which is sometimes a mental and emotional struggle. The pandemic has caused some struggles, but with the help of my family, friends, and CWAH, I will continue to persevere through these unforeseen circumstances.





**Special Thanks** to the agilis systems team, spear headed by Karen Miller for their hard work, volunteer services, personal cash donations which was matched by the company. CWAH during this pandemic was able to clear out the building and do much needed cleaning, make repairs and meet the standards of dealing with Covid 19 mandates. Your entire team is to be commended on a job well done.!!!



## Jacks of all Trades



Leonard Taylor and Kevin Taylor, you name it you have done it. From the community center to our transitional house, your service has been outstanding, and greatly appreciated.



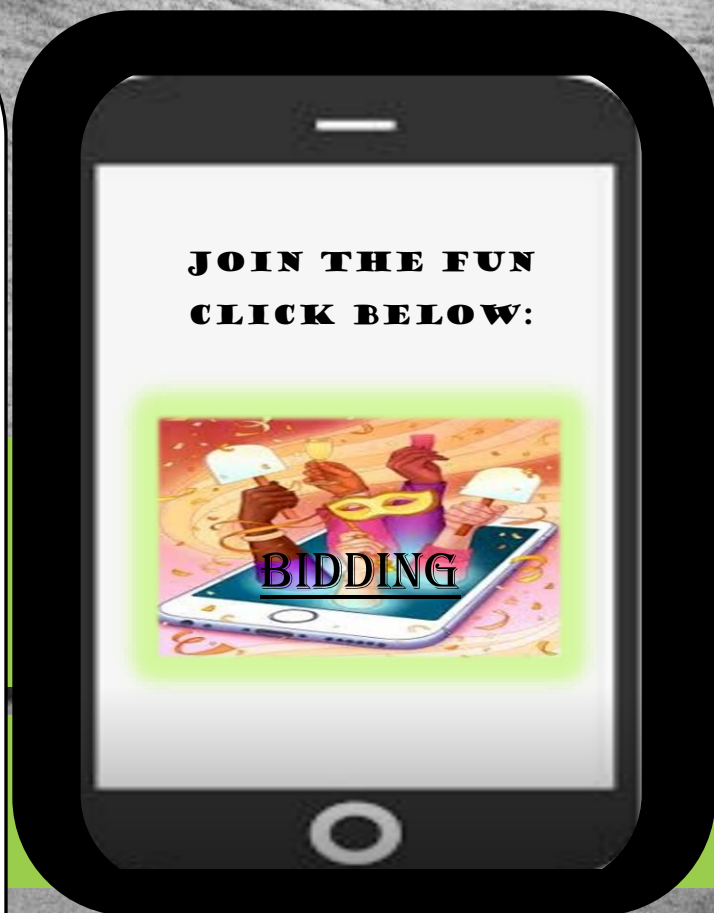
## 32<sup>ND</sup> Annual Benefit goes Virtual.....

Due to COVID-19 , our Annual Gala normally held at the Sheldon Concert Hall was cancelled, nevertheless we are prepared for the new norm. So get ready for some *Virtual Auction* fun while supporting a worthy cause. Ever wanted to bid on an item but couldn't seem to get there in time? you don't have to worry you can bid anytime from anywhere **October 25 – November 1.**



takes us to our very first Virtual Auction. Excitement consumes us; looking forward to some awesome items to share with you. No matter how near or far, you can participate.

Never leave the comfort of your home or, stop what you are doing. Instead of driving, just login to your favorite device; a phone, a tablet, a laptop, or screen. At the click of a button you are right there with us. You can make a donation and/or make a bid..



Gloria Taylor, Founder/CEO

### Register to WIN

Enter to "Win with the Missouri Lottery"  
Be the first to see "CLEAR" this holiday Season!  
Enter to win \$75 in Missouri Lottery Holiday  
Scratcher Tickets. One lucky winner will be  
selected each day:  
Oct 25 – Nov. 1

<https://cwah.home.qtego.net/>

Clarice R. Evans - Publisher