# Community Women Against Hardship October 2022 Newsletter



## "Out of the Mouths of Babes" By Deborah Phelps

Community Women Against Hardship's (CWAH) most recent field trip to Memphis, Tennessee seemed to have left a profound effect on the heart, mind and soul of every youth who attended the trip.

These annual field trips (for the past 17 years) are designed to give the families of CWAH a significant opportunity to fully embrace the deep "richness of Black history and its culture," stressed Gloria Taylor, CWAH's Co-Founder and CEO. This year's field trip included a visit to the Stax Museum of American Soul Music and The National Civil Rights Museum where the beloved Reverend Dr. Martin Luther King Jr. was assassinated. (At the time of his assassination it was called the Lorraine Hotel.)

For 10 year-old Zachary it was a "cool trip." He said the cool part was the pool and food. But for him, the really fun part was learning about Black history. "I bet that's why I slept so well," Zachery expressed. Dominique 16, said she was intrigued by "so many documents on the history of 'us' from way back in the day." Devin, 14, said it kept him interested, especially after his visit to the National Civil Rights Museum. "I wanted that knowledge," Devin emphasized.

Kyra said this trip gave her the desire to stand up, be proud of herself and have fun whenever she can. So when a loud voice yelled at the Rosa Parks waxed image to "get in the back of the bus," she laughingly shared how she and her brother Zachery blurted out "You go to the back of the bus!"

"Knowledge is like a garden: If it is not cultivated, it cannot be harvested."

- African Proverb







#### **SAVE THE DATE!**

2022 Circle of Support Gala and Silent Auction Sheldon Concert Hall 3648 Washington Blvd. St. Louis, MO 63108 November 6, 2022

#### Story continues...

Courageous moments in history like this are "why and how we as a people have come a long way from being oppressed," stated 16-year-old Ricky. "Now, we can do whatever we put our minds to because all of these heroes have paved a way for our people," he added with extreme pride.

The youths also expressed deep pride and humility about their experience with the programs and services offered by CWAH. Dominique stated, "I feel like it's a good place for kids who need another chance in life to fix themselves. I used to be real shy and quiet in a bad way, but now I'm more talkative and outspoken in a good way," she added with confidence. "Ms. Taylor is wonderful with using this program to help bring people together in the community and in their own homes," she warmly commented.

"It's a really cool program," said Devin. He explained how photography classes, therapy sessions and the program in general helped him unwind. "Ms. Taylor is very wonderful. She works hard and is a strong person who never gives up. Now I am much more cool, calm and focused," he shared with deep appreciation. Kyra expressed how all the personal conversations have always helped her. "Whenever we would talk," she stated with sincerity, "it just hits you in a way to help you keep going in life."

Susan appreciated the opportunity to connect with CWAH through her grandchildren, Kyra and Zachary. She expressed that even though she was the only white person on the trip, she easily "experienced a common ground with CWAH's amazing staff." She boasted that she believes CWAH is one of those places where we can all learn and grow with each other because Ms. Taylor is absolutely "phenomenal!"

Zachary exclaimed that he feels "real good" about CWAH because "Even though I'm only 10, everybody still gives me respect and that makes me feel very special," he gloated with a strong sense of accomplishment. This sense of accomplishment has obviously touched the heart and soul of every youth involved with CWAH. For out of the abundance of the heart, the mouth speaks. According to Psalms 8:2 and Mathew 21:6, this honest appreciation and praise of CWAH comes "out of the mouth of babes."

## Photography in the Library



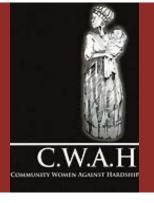


#### Back to School



Community Women Against Hardship 3963 West Belle Pl. St. Louis, MO 63112 www.cwah.org

(314) 289-7523



## The St. Louis American joins Community Women Against Hardship for the

## 2022 People Against Poverty Campaign



Nominate a family today to receive services that promote self-development and encourage self-preservation through CWAH's support and resource services.

## The requirements needed to become a client are as follows:

- Must have children living within the household or grandparents with custody of grandchildren.
- Must be referred by an organization, church, case worker, business, school, community leader, etc.
- Must state reason for referral.
- Must be able to participate in educational programming.
- Must be able to provide a vaccination record.

### Open nominations end November 30, 2022

To request a referral form, contact us at (314) 289-7523.

All referral forms can be emailed to <a href="mailto:stephanie.muldrow@cwah.org">stephanie.muldrow@cwah.org</a>
or <a href="mailto:communitywomenstl@yahoo.com">communitywomenstl@yahoo.com</a>.

Mail your letters to CWAH, 3963 West Belle Pl, St. Louis, MO 63108

We don't know what the future holds, but we can do everything we can to guide how it unfolds.



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#### Community Women Against Hardship 34<sup>th</sup> Anniversary Circle of Support Gala

**Featuring** 

### Vanessa Rubin and Don Braden



#### Accompanying them:

Reggie Thomas, piano Bob DeBoo, bass Marty Morrison, drums

November 6, 2022 Sheldon Concert Hall 3648 Washington Blvd. St. Louis, MO 63108 Doors open at 430PM Concert begins at 5PM

#### Admittance requirement:

An ID and card showing full vaccination.

#### **Back By Popular Demand!**

VIRTUAL AUCTION 2022! WE CAN ALL PARTICIPATE! Click link below to register: https://cwah.home.qtego.net

#### Ticket Prices\*

\$100 Corporate \$60 Main Level (plus reception) \$45 Individual \$30 Balcony \$15 Student (with ID)

> \*\$5 added to ticket prices at the door.

For ticket information call 314-289-7523 or email Communitywomenstl@yahoo.com

Click here to go to https://CWAH.HOME.QTEGO.net.

## Remember to Nominate A Family

## CLICK HERE TO DONATE OR PURCHASE TICKETS





