APRIL 2022

Re-Gifting The Gift

By: Deborah Phelps

When faced with a sudden state of homelessness, it was the power of love, empathy, sympathy and compassion that rescued a 19-year-old from sleeping in an abandoned vehicle with her 8-month-old baby girl. This power is called "re-gifting the gift" expressed Gloria Taylor, CEO and co-founder of Community Women Against Hardship (CWAH).

Re-gifting the gift was when 18-year-old Quentajah Bailey became aware that the mother of her old friend and former classmate had relocated to another city. Sadly, her friend was left behind abandoned, stranded and with no financial or family support available. Quentajah's heart was deeply moved. She remembered how CWAH had reached out to her family when she and her mom, Angela Allen, was once homeless in 2016 with no place to go for immediate assistance.

Angela boasted with deep appreciation that "one of her greatest blessings in life was how CWAH turned her homelessness into what is now a blessed healthy home". It was already in both Quentajah and her mom's heart to reciprocate this same love and compassion CWAH had shown them during such a critical time in their own lives. Angela said, her own motto is "to help someone along the way so her own living would not be in vain" she proclaimed.



AKA's always ready for the regifting of service. **Omicron Theta Omega** held a clothing Drive for CWAH, volunteer Vinet Holman works hard to put it all away. She along with Georgette Truss volunteer every Wednesday to assist in the boutique.





A GOOD DEED IS SOMETHING ONE RETURNS

AFRICAN PROVERB

STORY CONTINUED

Quentajah then reached out to her mom to take her young friend into their home. Angela shared, "this was a frequent request she has made over the years whenever her friends were in need of temporary shelter". Of course, her friend did move in and remained there for about 9 months. This stability enabled her to find employment at a nearby, local daycare. Angela humbly stated, "my daughter and I strived to give her friend the will power and support needed to push through, just as CWAH had once given to us. They hugged and loved us through it all". So, up until she was able to take her daughter to work with her at the daycare both Quentajah and Angela rotated their work and school days to help with babysitting.

Angela said she believes what you put into the universe does come back to you. Therefore, she knew CWAH could further help her with assisting this young mother and made the referral. As a new client, the young mother received a multitude of available services and resources which included over \$1000 in personal items and necessities to ensure a successful journey along her way. Angela acknowledged that she believes that God will always help us and then use each of us to turn around and help others. As Taylor kindly states, "It is called the gift of re-gifting".



COMMUNITY WOMEN AGAINST HARDSHIP 3963 WEST BELLE PL ST. LOUIS, MO 63112 WWW.CWAH.ORG (314) 289-7523

UNIVERSITY OF MISSOURI ST LOUIS

COLLEGE OF NURSING



Partnerships and collaborations often open doors for regifting through educational opportunities. UMSL student nurses work with families to understand health disparities in the St. Louis Metropolitan area.





C.W.A.H	Classes 2022		
	CALL OF	WELLNESS	MUSIC
Class	Instructor	Day/Date	Time
Secrets of Great Photography	Lois Ingrum	Tuesday, Apr 5 – May 10	4:30P - 6P
Mental Health	Rhonda Adams	Wednesday, dates to be determined	6P - 7P
Fine Arts	Gundha	Saturday, Apr 9 – May 14	11A - 12:30P
Music: Drums	Justin Spencer	Saturday, Apr 9 – May 14	11A - 12P
Music: Band	Stanley Coleman	Saturday, Apr 9 – May 14	12P - 1P
Music: Piano	Michael Carosello	Saturday, Apr 9 – May 14	11A - 12P
Music: Vocals	Anita Jackson	Saturday Apr 9 – May 14	11A - 12P
Tai Chi	Sufu Herb Parran	Monday, Apr 4 – May 9	6P - 7P

Spring Enrichment

ommunity Women Against Hardsh 3963 West Belle Place St. Louis, MO 63108 (314) 289-7523 www.cwah.org



PAINTING BY NUMBERS 1.2.3...

Agilis Systems Company Accounts Payable Dept volunteers to paint and rearrange boutique in time for Spring Shopping

PROVIDING HOPE TO THOSE IN NEED



The Institute for Modern American Music

The institute provides youths and young adults an opportunity to play musical instruments one-on-one with some of St. Louis' most gifted professional musicians and instructors:

- Justin Spencer, drums
- Stanley Coleman, band
- Michael Carosello, piano
- Anita Jackson, vocals





Enroll NOW for Spring/Summer 2022 Classes Classes are for students grades 5 thru 12. Beginner classes are available. Parents must complete an application for each child. For more information, call (314) 289-7523 or visit www.cwah.org.

Class dates: Saturdays, April 9 thru May 14, 2022 at 11:00 a.m.





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Save The Date! May 7, 2022 Walk For Life!

Choose 1K or 3K Non-competitive walk/run \$20 per person

Registration: 8 a.m. Warm-Up: 8:30 a.m. Walk/Run: 8:45 a.m.

Tower Grove Park – Sons of Rest Pavilion

4256 Magnolia – South Grand Entrance



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