

I Am India!

By: Gwen Swan

If you research the meaning of the name India, you'll find that there are as many definitions as there are websites. The only consensus is that it refers to the country, India . . . uhhhh, o-o-o-kay! But I finally nailed it down to the generic meaning: it means "river", and is characterized by continuously flowing waters . . . vital and dynamic (*The Encyclopedia of the Earth*).

While her life has certainly been a reflection of her name, **India Dulaney** describes herself in more concrete terms – *hard-working!* When we spoke, she had just completed a double shift as a Security Monitor at the Goodwill halfway house. "I'm trying to make as much money as I can while they're offering the overtime," she said. She's working on a dual goal – saving for a rainy day and saving for her son's football trip to Florida. That same goal-oriented, determined nature was what initially led India, somewhat serendipitously, to CWAH in 2009.

Following a layoff from her job as a Security Guard at Lambert Airport, India was trying to locate the organization that helped with payment of utility bills and, en route, she just *happened* to pass by CWAH. Curiosity led her inside, but the continuously flowing waters of God and CWAH would do the rest.

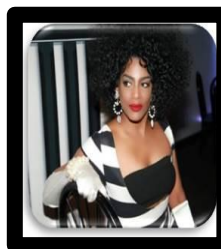
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Dr. Eboni January

Chairs

Community Women Against Hardship 27th Annual Circle of Support Gala



As autumn begins, it's time to gear up for The 27th Annual Circle of Support Gala, which will bring back two of our favorite artists: The Kimmie Horne ensemble – with special guest Althea Rene – both native Detroiters. Kimmie is the grandniece of the iconic Lena Horne and Althea is an accomplished flutist.

Both ladies are blessed with God – given beauty, enormous musical talent, radiant state presence, and global performance resumes.

Honorary Co-Chairs, Dr. Angela Coker, University of Missouri St. Louis and Wells Fargo own Ms. Elaine Curry are both on hand to lend their support.

This is an event you don't want to miss!!!

Purchase your tickets today!

The river of India's life had wound dynamically through love and loss. She had three beautiful sons, but the demands of raising them with little assistance from their father left her unable to finish high school. She had a great job at Lambert Airport, but a change in supervisors and completion of terminal repair at the facility following a tornado resulted in a job layoff. That allowed her to follow one of her dreams – enrolling in college.

She began pursuing a degree in Human Services but ran out of unemployment benefits. Her living situation had become dangerous in the area where she lived, but an opening came up at Murphy Park and she was able to move into a beautiful apartment that she could afford. She found work through an insurance agency but the commission-only job was not enough to sustain herself and her family.

Her car stopped working and she was forced to take a bus at 4:00 a.m. to get to her jobs through a temporary agency and her children to school. And then another gift – she was able to buy a car without any money down or an initial insurance payment.

The serendipitous stop at CWAH was a life-changing event. GED classes began the following day. "I always knew I was smart," she says, "but my GED teacher, Stefanie Tolen, was a great motivator, and I passed my exam with a really high score." Armed with that success, she continued to enroll in other classes at CWAH -- Soup for the Soul, Healthy Eating, Boxing Conditioning, Job Readiness, Tai Chi and Zumba. Not a utility payoff, but a huge *life* payoff!



Ms. Dulaney pictured above in job readiness classes, while her two young sluggers Terry and Davion give us their best baseball pose, and pictured below, oldest son Eric participated in our summer youth enrichment program and admires car at GM plant in Detroit during the Show Me Series Trip.



Community Women Against Hardship would like to thank the Brenda Williams Trust Foundation, Vandalia Bus Lines, Dr. Anne Price, Annie Davis, Calvin Cooksey, Dr. Candace Wakefield, Chris Lee, Christine Reams, Darlene Peterson - Young, Evette Taylor, Hattie Riley, James Boone, Taneeka Young, Kelly O'Brien, Mr. & Mrs. Dereck Novels, Lillian Eunice, Nina Bryans, Pearlie Evans, Robin Heidger, and Roosevelt Harris for supporting our Show Me Series trip to Detroit.

We traveled by Vandalia Bus Lines and stayed at the Drury Inn & Suites in Troy, Friday July 31, 2015 through Monday, August 3, 2015. Our first stop was the Charles H. Wright Museum of African American History. What an experience this was, the largest African American history museum in the nation looking at, listening to and exploring events from the past that have led to our existence and encourage us to keep pushing forward to do bigger things.

From there we headed to the GM RENCEN, where the students imagination soared as they got into some of the sportiest cars on the market today. One family even attempted to make a deal. After the excitement of the day we headed back to the hotel for a pool and pizza party.

The next day we toured the Motown Historical Museum; ABC, easy as 123 or as simple as do re me... from Michael Jackson to all those remarkable artists discovered during that era, took us on a trip down memory lane and gave the young ones an opportunity to experience some great music.

After leaving Motown, we decided to go to Belle Isle Park and have a picnic. The students visited the Nature Zoo, the Aquarium and the River Walk. It was a beautiful afternoon, where we barbequed hotdogs, played games and enjoyed the scenery.

Your unwavering support means the world to us.

THANK YOU

POVERTY - AFRICAN DANCE AND DRUMMING...



NIYONSENGA Pacifique is the founder of the Niyo Cultural Centre dedicated to improving the lives of street children. He lived on the street from age 6 but was lucky enough to have met a Canadian called Bruno who befriended him and helped him get an education. As an adult he saw that not every child living in poverty in Kigali, Rwanda, whether on the street or not, has the same opportunity as he did, so he decided to use his 17 years of drumming and dance experience to support 60 children. He teaches them these skills so that they can perform to earn money to pay for their education, medical expenses and day-to-day living. They don't get paid for their performances; they rely on donations from venue patrons to help give these children a chance.

STRESS....



North St Louis City and County Resilience Coalition shared information with our families regarding the toxicity of stress during what they call Listening Sessions. The goals of the Listening Sessions are to: begin difficult conversations in a safe environment; help raise awareness about the effects of trauma and toxic stress; promote the need for healing and reconciliation; and create pathways towards individual and community resilience.

Money 101



Tuskegee University student majoring in finance, Joshua Taylor, visited CWAH while here in St. Louis doing an internship at Edwards Jones. He took time out to engage our students with a brief introduction into financial literacy.

Concepts such as investments and budgeting were used as he captivated them with the use of sports cars to garner their interaction in a very creative activity, about the power of the dollar\$\$\$...



Prospect Hill Baptist Church,

Sunday School Class #7

Contributes to

CWAH's People Against Poverty Campaign

With Pennies from Heaven!!!



*Acts 20:35 - I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, **It is more blessed to give than to receive.***

LOOKING TO MAKE THAT YEAR END DONATION

Help CWAH continue its mission of providing personalized and evidence-based programs and services to enable families struggling with poverty to become more self-sufficient. It is our vision to be a respected national model for helping families become self-sufficient.

We have implemented the **Givelify** app with the goal of increasing your opportunity to give at a timely pace. You can download the app today, or as always, donate by visiting www.cwah.org or by mail.

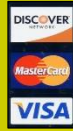
Please consider making a donation to this fund. No contribution is too small to help make a difference in the lives of those in need.

How To Donate

- Open the **Givelify** app
- Under Nonprofits, search for Community Women Against Hardship
- Tap on our listing
- Tap Donate
- Select an amount, then tap Year End Giving Campaign

Thanks in advance!!!!

Spread the Word



FUN WAYS TO LEARN

With Jackie Griffin



*Learning
Is a Treasure That Will?
Follow Its Owner Everywhere*

Community Women Against Hardship Donation Card



NAME:	
ADDRESS:	
CITY, STATE, ZIP:	
HOME NUMBER:	
ALT. NUMBER	
EMAIL ADDRESS:	
PLEASE USE MY DONATION FOR THE FOLLOWING:	
GENERAL DONATIONS (All Programs & Services)	\$ _____
MEMORIAL GIFT:	\$ _____
YOUTH ENRICHMENT PROGRAMS: (Music, Fine Arts, Youth Entrepreneurship Classes)	\$ _____
PARENT OPPORTUNITY PROGRAMS:	\$ _____
PLEASE REMOVE MY NAME FROM YOUR MAILING LIST ()	

CWAH does not sell or disclose any of the information it gathers to any other organization, businesses or agencies. Your donations are tax deductible

CWAH 3963 West Belle Pl St. Louis, MO 63108 (314) 289-7523 www.cwah.org



"We don't know what the future may hold, but we are here to help guide how it unfolds."

The

ST. LOUIS AMERICAN

AND

COMMUNITY WOMEN AGAINST HARDSHIP

2015

PEOPLE AGAINST POVERTY CAMPAIGN

SEEKING TO IDENTIFY AND ASSIST 20 FAMILIES



Nominate a family today to receive services that promote self – development, and encourage self – preservation, through CWAH's support and resource services.

Mail or fax your letters to:
The St. Louis American Newspaper
2315 Pine Street
St. Louis, MO 63103
Fax: 314-533-2332 – email: mwinbush2@stlamerican.com
Attn: People Against Poverty

***All letters due by
October 29, 2015***

****** Preference given to city residents******

SAMPLE LETTER

Name of Candidate

Address, Phone

Name and Number of Person Submitting Candidate:

Ms. Doe is a devoted mother of three. She works tirelessly to see that her children get an education and what they need. Due to recent cutbacks, she has been laid off after a number of years on the job. She could benefit from your Job Readiness, and Computer classes to help her re-enter the workforce. Career Assessment and Counseling would also be beneficial. The Youth Enrichment Programs would be great for the children.