

2019 Healthcare Booths

Providing Information to Our Participants

- Aimee James, PeCAD, Program for the Elimination of Cancer Disparities
- Assured Health Services, LLC, Taria Dyson
- Betty Jean Kerr Peoples Health Centers
- Deborah Phelps - Wobble
- Dr. Christy Richardson, Diabetes Screenings
- Dr. Eboni January , OB/GYN
- Dr. Denise Hooks – Anderson, Internal Medicine
- Dr. Tracy Reed, DPM – Total Comfort Foot Care
- Empowerment Network – Prostate Cancer
- Gateway To Oral Health,
- Jackie Griffin, Arts & Crafts
- JoAnn Reese – Pure Emancipation, Holistic Health Coach
- Monica Stewart – Warm Up
- Monica Tyler, LMT Optimum Rebalance
- Myrtis Spencer, Knight’s Alzheimer Disease Research Center
- Proficient Chiropractors, Drs. Xavier Tipler & Edgar Everett
- Sharon Holbrook, Monsanto YMCA
- Skylar A. Wilson, Skylarlicious Naturals
- SLHV Cardiology- Toniya Singh, M.D.
- St. Louis Effort For Aids, David Hervey
- Tim Williams, Planned Parenthood

Volley Ball Games, Hula Hoop Contests

Arts & crafts, Face painting, Wobble lessons,
Refreshments, and much more...

Prizes for the largest teams

Community Women Against Hardship

Barnes Jewish Hospital

Ameren Missouri

Richardson Endocrine Care

Presents

15th Annual

Walk- A- Thon & Health Fair

Honorary Co- Chairs

- **Dr. Christy Richardson**, Endocrinologist, DePaul Hospital SSM
- **Dr. Ebony January**, OB/GYN
- **Myrtis Spencer**, Community Outreach Coordinator Knight Alzheimer Disease Research Center, Washington University School of Medicine
- **Dr. Will Ross**, Washington University School of Medicine
Since 1988, CWAH has provided services to over 6,000 women and children. CWAH – Family Support Center provides various educational & development programs for both adults and youths:
- *Parent Opportunity Programs: People With Purpose, Computer, Fitness & Nutrition Classes with the University of Missouri St. Louis -College of Nursing students, Literacy Nights with Harris Stowe University, Yoga , Job Readiness, Career Assessment & Counseling & many more workshops*
- *Transitional Housing Program*
- *Youth Enrichment Programs: Fine Arts, Mass Media*
- *The Institute For the Advancement of Modern American Music*
- *Entrepreneurship classes, and Community Outreach*
- *Non- Violent Youth Summits - Health & Wellness Programs*

Official Registration Form

CWAH Walk-a- Thon & Health Fair

Saturday May 18, 2019

8:00 a.m. Registration

Tower Grove Park – 4256 Magnolia

Name: _____

Address: _____

City/State/Zip _____

Email: _____

Team/Employer/Organization: _____

I am an individual participant _____

Check One: Female ___ Male ___ T-shirt Size _____

Signature: _____

My company has a matching gifts program:

_____ Yes _____ No

I'm interested in organizing a walk team: Yes or No

Unable to attend would like to sponsor a family: \$ _____

Registration

\$20 for adults - \$10 teens 13 – 17

kids 12 and under - free

Make checks payable to : CWAH

\$ _____ Amount Enclosed

Registration covers your CWAH t-shirt – no shirts given to kids 12 and under



Food, Fitness and Fun - Come and Enjoy!



